

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Tower High School, Enterprise High School, Warren Woods Middle School, Briarwood Elementary School, Pinewood Elementary School, Westwood Elementary School

Month and year of current assessment: November 2025

Date of last Local Wellness Policy revision: April 2020

Website address for the wellness policy and/or information on how the public can access a copy:

<https://www.warrenwoods.misd.net/our-district/departments/food-services/>

Section 2: Wellness Committee Information

How often does your school wellness committee meet? 2x a year

School Wellness Leader:

Name	Job Title	Email Address
John Estrada	Food Service Director	jestrada@mywwps.org

School Wellness Committee Members:

Name	Job Title	Email Address
Stacey Denewith-Fici	Superintendent	sdenewith@mywwps.org
Neil Cassabon	Deputy Superintendent	ncassabon@mywwps.org
Deb Carlton	Occupational Therapist/POHI Transition Coordinator	dcarlton@mywwps.org
Mike Schulte	CWA Representative/WWPS School Board President	mschulte@cwa-union.org

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- ☒ Michigan State Board of Education Model Local School Wellness Policy
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Warren Woods Public Schools policy is modeled after NEOLA policies which model the State Board of Education Model Local Wellness Policy.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

WELLNESS POLICY ASSESSMENT 2025

NUTRITION PROMOTION AND EDUCATION GOAL(S)

GOAL: To serve local/Michigan based products on the menu. Preferably outside of GFS/VE.

ACTION STEPS: Investigate information for MI Farm to School and 10 Cents a Meal Program. Research and utilize MI Farm Directory formed by MISD. Look into grants if possible.

TIMELINE: Fall 2022 - present

MEASUREMENT: Contacted representatives at Cherry Capital, Blake's Apple Orchard, and Lumetta Produce. Waiting for the updated version Farm to School directory for MISD. Applied for equipment assistance grant for hydroponic gardens.

LEAD PERSON: John Estrada

STAKEHOLDERS: Food Service Director, Kitchen Staff

COMPLETE: Ongoing. Partnered with POHI students at WWT to utilize hydroponic gardens. Currently grow romaine used for salad bar. Looking into other vegetables. Cherry Capital closed. Lumetta offers more US based products with very few MI based products. Some items occasionally shipped from Mexico. Currently working out a plan with Blake's Apple Orchard

GOAL: Promote nutrition education to parent/guardians and the community

ACTION STEPS: Food service will provide nutrition information to be shared in school cafeterias. Healthy eating and nutrition will be available to parents through online access to monthly newsletters.

TIMELINE: Fall 2022 - present

MEASUREMENT: Documentation of Foodservice communication to buildings and to parents. Especially, utilizing Local Wellness Policy outreach tool kit from USDA.

LEAD PERSON: John Estrada

STAKEHOLDERS: Food Service Director, Kitchen Staff, Students, and Community

COMPLETE: Ongoing. Nutrition information posted on Nutrislice. Kitchens have standardized recipes with nutrition information on the back. Sea Level Social Media helps promote with Wellness Wednesdays. Will still work on communication to building cafeterias and to parents.

PHYSICAL ACTIVITY GOAL(S)

GOAL: Recess/PE or any other physical activity will not be withheld from students as punishment for poor behavior.

ACTION STEPS: Meet with principals to discuss topic and answer questions or concerns.

TIMELINE: Fall 2022 - present

MEASUREMENT: Concern was for the students who receive extra support/tutoring during lunch. Would it be considered as recess being withheld from student. Look into 2020 LWP Assessment for physical activity. Pull information from PowerSchool if possible. Look into the SWIS Behavior Management System. Pull data to compare.

LEAD PERSON: Stacey Denewith-Fici

STAKEHOLDERS: Administrators, Principals, Teachers,

COMPLETE: Ongoing. Committee agreed that it wouldn't be considered as withheld. It would have to be specific when updating policy and triennial assessment. One question is how it is tracked.

SCHOOL BASED ACTIVITIES TO PROMOTE STUDENT WELLNESS GOAL(S)

GOAL: Collaborate with POHI students in having them assist in kitchen to gain basic life skills.

ACTION STEPS: Meet with therapists and teachers. Discuss job duties and responsibilities. Determine transportation. Determine length of time. Decide if this can create an opportunity for jobs.

TIMELINE: Fall 2022 - present

MEASUREMENT: Temporary change in goal. POHI students at Tower High School are assisting with the hydroponic gardens. Gardens are set up in classroom. For one hour during the morning, teachers and students tend to be planting seeds and harvesting gardens as well as garden tower maintenance. Produce is utilized on the salad bar.

LEAD PERSON: John Estrada, Deb Carlton

STAKEHOLDERS: Administrators, Food Service Director, Principals, Teachers, Kitchen Staff

COMPLETE: Ongoing. Decide if this should be new goal. If we still have POHI volunteers in kitchen, Deb will decide which students every year.

NUTRITION GUIDELINES FOR ALL FOODS AND BEVERAGES FOR SALE ON THE SCHOOL CAMPUS (I.E. SCHOOL MEALS AND SMART SNACKS)

GOAL: All vending machines at secondary schools will be turned off or set on a timer during the school day.

ACTION STEPS: Verify vending machine times are closed off from 6:30 am – 3:00 pm

TIMELINE: Fall 2022 – Spring 2023

MEASUREMENT: When visiting buildings, Lead Person will monitor and inspect vending machines in building locations. Will reach out to vending company to inspect vending machines upon their next visit to correct the time frame.

LEAD PERSON: Neil Cassabon

STAKEHOLDERS: Administrators, Principals

COMPLETE: Yes. Neil Cassabon verified on February 28th, 2023, that the vending machines are set on a timer from 6:30 am – 3:00 pm in the buildings. Vending machines in the staff lounges are the only exceptions

GOAL: After obtaining food, students at schools will have “X” number of minutes to eat.

ACTION STEPS: Visit buildings to record time from last student being served to the time bell is rung (at secondary schools)/or dismissed to recess (elementary schools). Reach out to MDE for guidance on mealtimes and length of time.

TIMELINE: Fall 2022 - present

MEASUREMENT: Lunches have been monitored. Spoke with principal at one building that seemed to be allowing only 15 minutes per lunch for service and eating. Stacey suggested looking to see how it is written into policy regarding lunches.

LEAD PERSON: John Estrada

STAKEHOLDERS: Administrators, Principals, Teachers, Kitchen Staff

COMPLETE: Ongoing. Still continuing to monitor lunches and times when visiting buildings. MDE said we could only intervene if lunch times were not between the hours of 10:00 am – 2:00 pm.

GUIDELINES FOR OTHER FOODS AND BEVERAGES AVAILABLE ON THE SCHOOL CAMPUS, BUT NOT SOLD:

GOAL: Create a district policy for fund raising opportunities: compliant vs. non-compliant items.

ACTION STEPS: Invite Carolyn Thomas to All-Administrator meeting to present information about Smart Snacks. Policy will include the process of checking in with Food Service Director. Will include the items that are compliant vs. non-compliant. Policy and procedures will go from there.

TIMELINE: Fall 2022 – Spring 2023

MEASUREMENT: Utilize policies and procedures from previous FSD files as well as from other Macomb Districts. Provided link with district policy. Last updated in 2014. Will meet with Superintendent to discuss verbiage as well as any changes needed to update policy.

LEAD PERSON: Stacey Denewith-Fici, John Estrada

STAKEHOLDERS: Administrators, Principals, Teachers, Kitchen Staff

COMPLETE: Yes. Completed July 12th, 2023. John and Stacey met to update the guidelines as well as include the links for the compliant and non-compliant smart snack guidelines. Reminders are sent out every year during back-to-school time regarding smart snacks and fundraising forms. Encourage district staff to send over information at the end of every month to ensure forms are being filled out correctly. Food service, school store teacher, culinary arts teacher, and other personnel are responsible for serving smart snacks for compliant school days.

MARKETING AND ADVERTISING OF ONLY FOODS AND BEVERAGES THAT MEET SMART SNACKS

GOAL: The advertising of foods and beverages that are not available for sale in district schools will be advertised on any school property.

ACTION STEPS: Discussed noncompliant items as part of the exempt fundraising. Discussed if noncompliant items should be sold. If they are sold, how should they be promoted. It was brought up that noncompliant items shouldn't be promoted within the foodservice area for the entire district. For Tower High School, this would also include Commons area.

TIMELINE: Fall 2022 – Fall 2023

MEASUREMENT: Meet with CTE director and CTE teachers to discuss where to promote items. All agreed cafeterias will not be a sight to sell food. Items will be promoted in their own location. IE. School store, culinary restaurant. Consider that if students head to store

or restaurant, they are not allowed to leave with food. Food must be consumed in area that is purchased before moving on.

LEAD PERSON: Stacey Denewith-Fici, John Estrada

STAKEHOLDERS: Administrators, Principals, Teachers, Kitchen Staff, Students

COMPLETE: Yes. By Fall 2023. Any food items outside of Food Service will not be sold in the cafeteria as that will be a competitive item. Noncompliant items will not be promoted on screens in cafeteria or facing commons.